

	On Ice Schedule	Off Ice Schedule	Competitive Senior	Senior	Intermediate	Junior		
8:00	Competitive Senior Freeskate		Competitive Senior Freeskate					
8:15								
8:30								
8:45								
9:00	Flood		Flood					
9:15	Sr/Comp Sr Stoking		Sr/Comp Sr Stoking	Sr/Comp Sr Stoking				
9:30	Senior / Competitive Senior Freeskate	Int Dryland	Senior / Competitive Senior Freeskate	Senior / Competitive Senior Freeskate	Int Dryland			
9:45								
10:00								
10:15								
10:30	Flood		Lunch	Flood	Break			
10:45	Int Stoking				Int Stoking			
11:00	Intermediate Freeskate	Senior Dryland			Senior Dryland	Intermediate Freeskate		
11:15								
11:30								
11:45				Break				
12:00	Senior/Competitive Senior Freeskate	Jr Dryland	Senior/Competitive Senior Freeskate	Senior/Competitive Senior Freeskate	Break	Jr Dryland		
12:15								Lunch
12:30								
12:45								
1:00	Sr/Comp Sr Spin		Sr/Comp Sr Spin	Sr/Comp Sr Spin				
1:15	Flood		Flood	Flood		Break		
1:30	Jr/Int Freeskate	Comp Sr Dryland	Comp Sr Dryland	Lunch	Jr/Int Freeskate	Jr/Int Freeskate		
1:45								
2:00								
2:15	Jr/Int Spin				Jr/Int Spin	Jr/Int Spin		
2:30	Int/Sr Freeskate			Int/Sr Freeskate	Int/Sr Freeskate	Lunch		
2:45								
3:00								
3:15					Flood			
3:30	Jr Freeskate					Jr Freeskate		
3:45								
4:00								
4:15								
4:30	Jr Stoking					Jr Stoking		

Competitive Senior -has achieved Technical Element Score of 17 in competition

Senior - passed Jr Silver Freeskate (STAR 8) and higher

Intermediate - passed Jr Bronze (STAR 5) or Sr Bromze (STAR 6) Freeskate Test

Junior - has not passed Jr Bronze (STAR 5) Freeskate Test