



# SPRINGBANK

## Figure Skating Club



### Latest News

To celebrate our skaters for their great accomplishments this year, SFSC hosted its annual year-end banquet at the Pinebrook Golf and Country Club. Together with our dedicated and engaging coaches, skaters and their families enjoyed a wonderful evening with an outstanding dinner buffet topped by a heartwarming award ceremony. What a great wrap-up party after a fun filled and flourishing year of figure skating! We are very much looking forward to the next season and welcoming new skaters to join and thrive in our club!

### Congratulate all our Skaters & Thank the Coaches

All our skaters and coaches have been working hard again this year. In addition to tremendous team spirit of the club, lots of levels passed, bunches of badges awarded and super scores achieved by our skaters on test days and in national competitions, here are the medals and trophies to celebrate:

**Axel Award** - Halya Hoshowsky, Anna Dolaptchiev, Sydney Baker, Cristina Merlo  
**Canskate Award** - Makayla Fisher  
**Jr. Prep Award** - Ashley Schroeder  
**Starskater of the year** - Cristina Merlo  
**Skater of the year** - Baillie Collins  
**Mary Leggett Award** - Mara Will  
**Byers Trophy most tests passed** - Halya & Larissa Hoshowsky, Anna Dolaptchiev, Alexandra Gheorghe, Isabel McQuilkin  
**Team Spirit Award** - Marin Paquin  
**Challenge Recognition** - Dawson Nodwell, Isabel McQuilkin  
**First time at a Competition** - Sydney Baker, Camryn Giurici, Maya Kowalczewski, Tomi Kapocsi  
**Movement of Levels at a Competition** - Anna Dolaptchiev, Katya Gereluk, Oni Berry, Ava Rainsbury, Alexandra Gheorghe, Halya & Larissa Hoshowsky, Megan & Colleen MacDonald, Annika Dietrich, Austin Ross, Tomi Kapocsi  
**Gold Skills** - Dawson Nodwell  
**Gold Interpretive** - Katie Burgess, Marin Paquin  
**Gold Freeskate** - Katie Burgess  
**Triple Gold Recognition** - Katie Burgess

## Mark your Calendars!

Fall and Winter Registration is now open for new and current members of our club! Here's some info on the different programs we're proud to offer:

### CanSkate

SFSC's successful CanSkate program is a dynamic learn-to-skate program for beginners of all ages. It's run by our Nationally certified coaches and trained program assistants and focuses on activity, exercise & fun, participation & basic skill development.

If you have little keeners who want to learn how to skate, please come and check us out! For little hockey players too – Our CanSkate-Program is now officially linked with Hockey Canada for skating development!

#### Did you know:

some of the best skaters in the world, including Olympic figure skaters, Olympic speed skaters, men's and women's Olympic hockey players and NHL players...

... learned to skate with **CanSkate!**



**Times & Dates of Sessions:** *Fall-Sessions* will run Thursdays from 4:15pm – 5:00pm (September 24 - December 17th, 2015) & Saturdays from 9:15 - 10:00am (September 26 - December 19, 2015); *Winter Sessions* are scheduled Thursdays from 4:15pm - 5:00pm (January 7 - March 31, 2016) & Saturdays from 9:15am - 10:00am (January 9 - April 2, 2016).

*For more details and questions with regards to CanSkate, please contact Carla Elgar at [carlaelgar@hotmail.com](mailto:carlaelgar@hotmail.com).*

### Junior-Prep.

This program is open to skaters of all ages, who are working on a CanSkate-Level 4 badge and have been recommended by one of our coaches. It's group based lessons where skaters will be encouraged to practice their skills independently, which is an important aspect of the STARSkate/CompetitiveSkate programs.



**Times & Dates of Sessions:** Tuesdays from 4pm - 5pm & Thursdays from 5:15pm – 6:15pm for the full season (September 22, 2015 - April 26, 2016).

### STARSkate / Competitive

**S**kills, **T**ests, **A**chievement, and **R**ecognition: this is what STARSkate stands for. Unique in Canada, it offers small group- and private lessons for advanced skaters to develop fundamental skills in the areas of ice dance, free skate, figure- and interpretive skating. Skater's achievements will be

specifically designed awards and incentives.



**Times & Dates of Sessions:** September 21, 2015 - April 26, 2016. Lessons are individually scheduled with the skater's assigned coach.

**Come, join the fun!**



For registration information and more details on the different programs, please visit our website at [www.springbankskating.com](http://www.springbankskating.com) or on Facebook at [Springbank Figure Skating Club](#).

*Contributed by Gesche Tallen & Cheryl Burgess*