



SPRINGBANK

Figure Skating Club



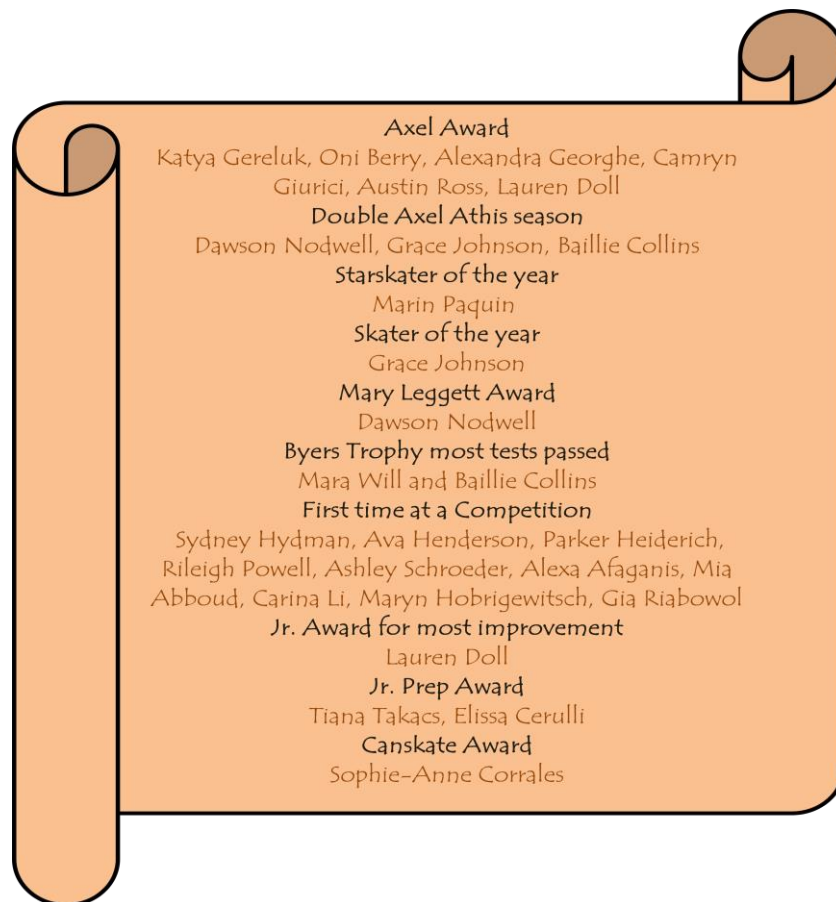
Latest News

To end another very successful season, SFSC hosted its annual year-end banquet at the Pinebrook Golf and Country Club. Lots of great accomplishments were celebrated as skaters were presented with awards by their coaches during heartwarming award ceremony. We all enjoyed a wonderful evening with an outstanding dinner buffet and a wrap-up party. We are very much looking forward to the next season and welcoming new skaters to join and thrive in our club!

SFSC would like to introduce our new technical director, **Kailee Myhill**, who will provide oversight and coordination over the three programs that the Club offers: Canskate, StarSkate, and Competitive Skating. Kailee is a very successful coach with our club, and now she will take on this position to ensure smooth delivery of the programs. Contact Kailee with any questions at springbankskating@gmail.com 403-616-7909.

Congratulate all our Skaters & Thank the Coaches

All our skaters and coaches have been working hard again this year. In addition to tremendous team spirit of the club, lots of levels passed, bunches of badges awarded and super scores achieved by our skaters on test days and in national competitions, here are the medals and trophies to celebrate:



Great work everybody - Way to go!

Mark your Calendars!

Fall and Winter Registration is now open for new and current members of our club!
Here's some info on the different programs we're proud to offer:

CanSkate

SFSC's successful CanSkate program is a dynamic learn-to-skate program for beginners of all ages. It's run by our Nationally certified coaches and trained program assistants and focuses on activity, exercise & fun, participation & basic skill development.

If you have little keeners who want to learn how to skate, please come and check us out! For little hockey players too – Our CanSkate-Program is now officially linked with Hockey Canada for skating development!

Did you know:

some of the best skaters in the world, including Olympic figure skaters, Olympic speed skaters, men's and women's Olympic hockey players and NHL players...

... learned to skate with
CanSkate!



Times & Dates of Sessions: *Fall-Sessions* will run Thursdays from 4:15pm – 5:00pm (September 15 - December 8th, 2016) & Saturdays from 9:15 - 10:00am (September 17 - December 10, 2016); *Winter Sessions* are scheduled Thursdays from 4:15pm - 5:00pm (January 5 - March 28, 2017) & Saturdays from 9:15am - 10:00am (January 7 - April 1, 2016).

For more details and questions with regards to CanSkate, please contact Carla Elgar at carlaelgar@hotmail.com.

Junior-Prep.

This program is open to skaters of all ages, who are working on a CanSkate-Level 4 badge and have been recommended by one of our coaches. It's group based lessons where skaters will be encouraged to practice their skills independently, which is an important aspect of the STARSkate/CompetitiveSkate programs.



Times & Dates of Sessions: Tuesdays from 4pm - 5pm & Thursdays from 5:15pm – 6:15pm for the full season (September 22, 2015 - April 26, 2017).

STARSkate / Competitive

Skills, Tests, Achievement, and Recognition: this is what STARSkate stands for. Unique in Canada, it offers small group- and private lessons for advanced skaters to develop fundamental skills in the areas of ice dance, free skate, figure- and interpretive skating. Skater's achievements will be recognized through a Nationally standardized testing system and specifically designed awards and incentives.



Times & Dates of Sessions: September 21, 2015 - April 26, 2017.
Lessons are individually scheduled with the skater's assigned coach.

Come, join the fun!



For registration information and more details on the different programs, please visit our website at www.springbankskating.com or on Facebook at [Springbank Figure Skating Club](https://www.facebook.com/SpringbankFigureSkatingClub). You can also contact Kailee Myhill Technical Director at springbankskating@gmail.com 403-616-7909. Look for our parent handbook as well on our website, with lots of useful information about figure skating, and our club.

Contributed by Eniko Kapocsi-Kiss & Gesche Tallen